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Age-friendly plan for county requires feedback

by **DARREN LUM**
Times Staff

Work on the Age-Friendly Master Plan for Haliburton County continues and is requiring more input from the public, says the chairwoman of the Aging Well Committee.

Angela Andrews said after two work group meetings and four focus groups held, an on-line survey with space for short answers at fluidsurveys.com/surveys/kate-hall/aging-well is needed to supplement the information already collected. Surveys will be collected until Sept. 16.

She welcomes feedback from everyone and not just older people. Andrews believes making the community more age-friendly will benefit everyone.

The Aging Well Committee is partnered with the Haliburton County in this effort, which has been supported by all four municipalities. The province kicked in \$25,000 from its Age Friendly Community Planning Grant Program to hire Kate Hall, a consultant for the plan.

Focus groups for the plan were held in four different senior residences in all four municipalities: Dysart, Minden Hills, Highlands East and Algonquin Highlands.

"Their view of [their] respective community is a lot smaller than we had originally



Make it Minden takes to the water

The setting sun shines on a participant in the Make it Minden program. They tried kayaks provided by Algonquin Outfitters in Minden on the Gull River in town. The next Make it Minden is Wednesday, Aug. 3, when AO will take more participants out on the water. Meet across from the post office. On Thursday, Aug. 11, the Haliburton Time Travellers will be at Minden's Canadian Tire. Then on Thursday, Aug. 17, Make it Minden's event will be the Minden Merchant Sidewalk Sale. Check out the listings on page 11. Make it Minden starts at 6 p.m./DARREN LUM Staff

Police looking for pickup truck

The Haliburton Highlands OPP are investigating a hit-and-run incident that occurred along County Road 21 in Minden Hills just east of Highway 35 the morning of July 21.

According to police, the driver of an east-

bound vehicle reported being struck by a westbound vehicle that had crossed the centre line. That vehicle, which failed to remain at the scene of the collision, is described as a dark-coloured pickup truck. It will have dam-

age to the driver's side.

Anyone with any information is asked to contact the OPP at 1-888-310-1122 or Crime Stoppers at 1-800-222-8477(TIPS).

see TRANSPORTATION page 8

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Try volunteering at Hyland Crest

by CHAD INGRAM
Times Staff

Cards. Crafts. Going for a walk. Watching the hockey game.

There are a multitude of ways community members can spend time with residents of Hyland Crest, says volunteer Pat Bradley.

“My mother (also named Pat) came in 2011, she passed away in 2013,” Bradley says. “I’d gotten attached to a few of the residents and it just blossomed from there.”

Bradley now comes to Minden’s long-term care facility two to three times a week, helping to run the Music and Memories program, among other activities.

“It’s kind of like karaoke, with old-time songs . . . and it brings back memories,” Bradley says, adding she’s looking for someone to assist her with that program, which runs from 9:15 to 11 a.m. each Thursday morning. “It’s very easy.”

There are a whole host of activities volunteers can do with residents, Bradley says.

There are some residents who rarely receive visits from family or friends.

“A lot of them just need someone to come in and sit with them,” she says.



Pat Bradley, left, with some of her friends at Hyland Crest in Minden. Bradley is encouraging more community members to get involved in volunteering at the long-term care facility, an experience she says is easy and deeply rewarding.

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“ I come out of here smiling. This is for me as much as them. ”

— VOLUNTEER PAT BRADLEY

Bradley, a member of the Minden Health Care Auxiliary and the Hyland Crest family council, says she’s loved to see someone institute a walking program, taking residents for walks either outside or even inside the Haliburton Highlands Health Services facility.

She stresses how important exercise is.

“It’s use it or lose it,” she says.

It could be sharing travel photos with residents, or simply coming in to watch a hockey game with residents.

“A lot of the times it’s females who come in to volunteer,” Bradley says. “Another thing is, we’d like to see more men.”

Male residents are looking for male companionships, she says, someone to do man stuff with – watch the hockey games, talk about sports, play cards.

“They like to play cards,” Bradley says, adding that crib

and euchre are favourites. She’s got a list of interested card players for anyone who’d like to come to the facility and start a game or league.

There are some crokinole players as well.

“There are bird feeders that need filling,” Bradley says. “Someone who’s interested in birds could come in and talk to residents about birds. They’d love that.”

Gardeners are welcome, too.

“There are residents who are able to do small gardening jobs with somebody,” Bradley says.

She would also like to see more opportunities for arts and crafts.

“There are so many artistic people in this community.”

Volunteers could also help usher residents for their trips out into the community, to locations such as the Legion and Tim Hortons.

She notes those trips have to be fundraised for and that after shelter and food, there’s not a huge budget left for residents’ entertainment, which is where volunteers come in.

Bradley finds the experience deeply rewarding.

“Because I have so much fun,” she says when asked why she continues to volunteer multiple times a week, year after year. “I come out of here smiling. This is for me as much as them. These are our parents, our grandparents. These are the people who have done so much for us.”

Anyone interested in volunteering can call Hyland Crest at 705-286-2140 and ask for the activities department.

Anyone who’d like to go with Bradley to try volunteering can call her directly at 705-934-0011.

Elizabeth May coming to Minden

Environment Haliburton has invited Elizabeth May, Officer of the Order of Canada, Member of Parliament for Saanich-Gulf Islands and Leader of the Green Party of Canada, to speak on Aug. 25 at their annual keynote speaker and fundraising event.

May will be speaking on the theme, The Climate Crisis: Where’s the Action?

The event was originally scheduled and initially publicized for Aug. 8. However, May is a member of the House of Commons special committee on electoral reform, and when the working schedule was established, Aug. 8 was no longer

a possibility.

This is an opportunity to hear from a political leader who is widely respected for her compelling environmental advocacy, work ethic and oratory acumen.

The details are as follows: Aug. 25, 7 p.m., at the Minden Community Centre (55 Parkside Street, Minden).

Admission is \$10.

For more information contact Carolyn Coburn, president, Environment Haliburton, mccoburn@halhinet.on.ca, 705-754-9873 or Terry Moore, vice-president, tmoore7031@gmail.com, 705-489-2619.

Highland Yard runs July 31

The Highland Yard takes place Sunday morning, July 31 in Minden. The route begins and ends at the River Cone on Orde Street to Deep Bay Road for five kilometres out and back. One lane of Deep Bay will be closed for runners and

an escort vehicle will be provided to manage traffic flow. Orde street will be closed except for local traffic. Marshals will be at all roads accessing the route. Please take precautions and allow for extra time.

Wood keeping it local at Wall Flower

by CHAD INGRAM
Times Staff

Artist Wendy Wood is *Keep'n It Local*, a collection of her paintings inspired by Haliburton County landscapes now on the walls at Wall Flower Studio in downtown Minden.

Wood, a self-trained artist who started as a draftsman, started her painting work in oils.

However, "about six years ago, I switched to acrylic," Wood says, explaining she'd taken a course in acrylics at the Haliburton Fleming College campus, which houses the Haliburton School of Art and Design.

"I liked the acrylic, I think, because it was so easy to use," she says. "The colour, the vibrancy."

And Wood hasn't looked back, using liquid acrylics ever since to create her colourful works.

Wood specializes in landscapes, natural as well as industrial, working from photographs she takes.

"I travel a lot," she says. "My husband and I travel by motorcycle."

Last year they did America's famous Route 66.

"Arizona . . . it's just stunning," Wood says, adding it's somewhere she'd like to return to.

The paintings in the show feature scenes that will be familiar to many county residents – Furnace Falls, Ritchie Falls, the rapids along the Gull River.

The show runs until Aug. 5.



Carnarvon artist Wendy Wood is showing some of her landscape paintings in a show called *Keep'n It Local*, which is on at Wall Flower Studio in Minden until Aug. 5. The show features locally inspired scenes and the paintings are for sale.

CHAD INGRAM
Staff

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MEETINGS & EVENTS

PUBLIC WELCOME

August 25

9:00 am, combined COTW/Regular Council Meeting, Minden Council Chambers

Please note Council meetings are reduced to one meeting during the months of July and August.

For Council, Boards & Advisory Committee meetings, visit www.mindenhills.ca

2016 VOLUNTEER AWARDS

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Studs going up at The Newcastle

Pat Dube of Greystone Construction, left, and Peter Brady of Trophy Property Corp. outside The Newcastle, the condo project currently under construction along Newcastle Street in downtown Minden.

CHAD INGRAM
Staff



by CHAD INGRAM
Times Staff

"The concept for us is we're building your home inside our walls," says Peter Brady of Trophy Property Corp. as he makes his way through The Newcastle, the 15-unit condominium complex being built by Greystone Construction in Minden's downtown.

The studs are going up at the building located between Newcastle Street and Pritchard Lane, the rooms beginning to take shape.

"We're over half sold," Brady says.

The full range of unit options – ranging in size from about 850 to some 2,000 square feet – is still available at this point, residents choosing not only the configuration of their living spaces, but the finishes as well.

"They pick the flooring, the countertops, the cupboards . . . everything you select yourself," Brady says.

Designer Andria Cowan Molyneaux of ACM Designs has partnered with Greystone and Trophy on the project and specializes in aging-in-place designs.

Units come with walkouts on the lower level and balconies on the upper two, Brady emphasizing the balconies offer privacy from neighbours.

The upper floors offer views over the village.

Each unit is outfitted with large windows and comes with six appliances.

Other custom features – stool-height countertops, for instance – can be constructed and Brady points out that the company always strives to offer residents what they want – whether that be an area to garden or, in one case, electronic dog fencing.

Located near the area where the Minden farmers' market takes place each Saturday, Brady says some market-goers have been on tours of the building and that tours can be arranged for those interested in buying.

For more information on The Newcastle or to arrange a tour, contact Trophy Property Corp. at 705-457-8899 or email info@trophypropertycorp.com.



One of the corner suites under construction in The Newcastle, the Greystone condominium complex in Minden.



A view of what will be The Newcastle's heated, underground parking garage. The garage is accessed from Pritchard Lane, which runs through the Minden Hills municipal parking lot.

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Priority points

MUNICIPAL COUNCILS should have authority over the approval of renewable energy projects within their jurisdictions.

Earlier this summer, Ontario's Independent Electricity System Operator (IESO) released a list of nearly 1,000 projects that were approved during the latest round of the province's feed-in tariff (FIT) program.

More than 20 of those projects are located in Haliburton County, a proverbial handful in each of the townships of Algonquin Highlands and Minden Hills.

While approval of projects does not hinge on municipal support, applicants receive what are called "priority points" if they receive support resolutions from local councils. Support from councils helps projects get approved and, according to the IESO, 92 per cent of the projects approved during the latest round of FIT applications received municipal support.

While this is true of the projects that will proceed in Algonquin Highlands, it is not true of the projects that will proceed in Minden Hills. They did not receive support resolutions from council.

This is problematic.

Municipal councillors are the elected gatekeepers of a community. They possess local knowledge that individuals working for organizations such as the IESO simply do not have. They know their communities, the topography of those communities and (hopefully) the needs and wants of their constituents.

It's true that Minden Hills council took a fairly hard line against the many FIT applications that came across its table last year. Given the volume of applications, council decided it wanted

to establish some sort of framework for assessing them instead of granting or denying approval on a case-by-case, patchwork basis.

A renewable energy task force has since been struck and a policy tabled.

Yes, the projects approved in Minden Hills are relatively small in scale, but what if they weren't? What if a 300-acre solar farm had been approved despite lack of support from council?

In Ontario there have been and continue to be instances where provincial bodies enforce their will on communities despite the protestations of those communities. This has

happened in various places with the establishment of wind turbines and it happened last year in Algonquin Highlands with the establishment of a septage-spreading field near Maple Lake. In the latter case, after investigating legalities, Algonquin Highlands council resigned itself to the fact there was basically

nothing it could do.

Meanwhile, the province continues to download more responsibilities to municipalities, one of the most recent examples septic tank inspections, a duty that once belonged to health units.

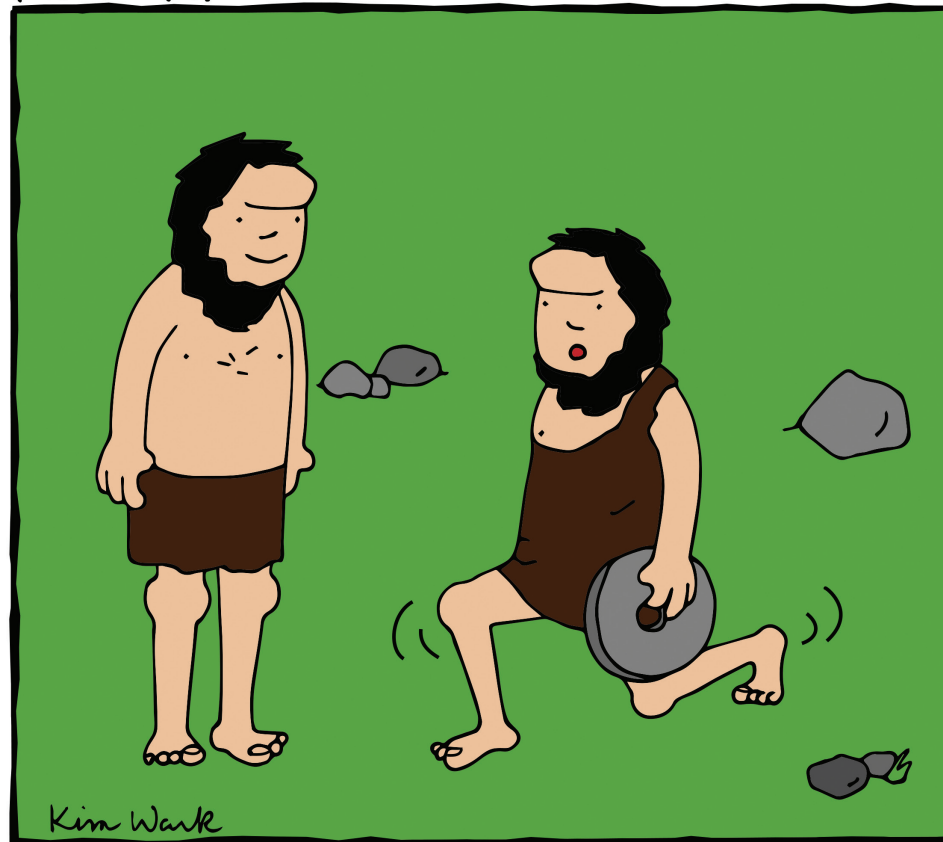
With power comes responsibility, right? If municipalities are trusted enough to continually be given more responsibilities, shouldn't they also be respected enough to be given more power?

Approval of FIT projects should ultimately lie with municipal councils. In cases where applicants feel they are being unfairly denied, an appeal system could be established, the same way residents who disagree with planning decisions of councils can appeal those decisions with the Ontario Municipal Board.



CHAD INGRAM
Reporter

KWARKY



"BETTER THAN A WHEEL, A BARBELL!
ONE DAY THEY'LL CALL US NEANDERTHALS."

Callie

IDON'T MUCH feel like writing humour today.

Yesterday, I was told that my springer spaniel Callie – a loyal friend of just about 14 years – has cancer.

I was caught by surprise, I guess. I took her to the veterinarian because she suddenly started hanging a hind leg. I assumed she pulled a tendon or blew out a knee joint – that's what often happens to old hunting dogs. As it turns out, this issue is caused by a deterioration of her spine. And that may or may not be due to the cancer that the veterinarian found.

Things like this break your heart.

A good dog becomes part of your family; a good hunting dog becomes part of who you are.

For now, all we can do is ensure she is comfortable. That means medication and minimal activity. And, when her quality of life is no longer what it should be, it means goodbye.

I'm not looking forward to that.

As hunting dogs go, Callie was a great one. Headstrong, fearless and driven, she hunted with me from the age of nine months right into her 10th year. And she loved every minute of it.

There was not a piece of cover she wouldn't bust right through; there was not a bird she would not do her damndest to flush or retrieve. In her youth she never seemed to tire. And though I stopped hunting her seriously about four years ago, she never lost the desire to range afield. She'd whine when she saw me leave with hunter orange and a gun. She'd mope until I returned.

In her retirement, her activity has been limited to two walks a day and tennis ball retrieves on the front lawn. Now that has

come to an end too. The vet advised me to keep her walks short and cut out the retrieves.

She doesn't show it, but she must be in pain. Getting up is a struggle; walking takes great effort. But every time I enter the room her docked tail wags feverishly and her eyes, now milky with age, lock onto me. And she gives me this look that says I'm glad you are here.

And I try not to get emotional. She's old now.

But I recall a glorious autumn day when we were hunting for grouse and she was young. We were approaching one of my favourite covers through the goldenrods. Callie was, as always, ranging ahead, hunting feverishly with nose to the ground, lost from sight in the tall grass. I tracked her location by watching grass sway and bend before her.

I heard her rush forward and then it happened.

She leapt and emerged high above the goldenrods, snapping at the tail of the ruffed grouse she had just flushed.

There was this magic moment, when bird and dog seemed as one. Then, for a brief instant, they hung together in the sky, lit up by the afternoon sun. To this day, I have never seen anything so graceful or athletic.

Then Callie, dropped back to earth – feet first, ears last – and the bird rose higher.

I folded it cleanly. Callie hunted it up and brought it to my hand. Her eyes were bright. Her head held high. She was as content, happy, lean and fit.

I never felt prouder of any dog.

When she goes, that is how I'll remember her.

Till then, we'll comfort each other and be thankful of the times we had.



STEVE GALEA
Beyond 35

IN OTHER WORDS

Columns and Letters to the Editor

Our shrinking sandbox

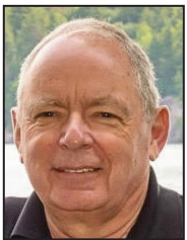
JUST WHEN YOU THINK the world has enough to worry about . . . Now it seems our planet is running out of sand. Yes, sand. Who would have thought it? I mean, there are millions of square kilometres of sand in places like the Sahara, The Kalahari, the Arabian, and many other deserts.

However, a United Nations environmental report says that sand and gravel are being mined faster than earth can replace them. Sand is made by wind and water erosion, a process that takes thousands of years.

It has been estimated that we humans are using 40 billion tonnes of sand and gravel every year to construct buildings, bridges, roads and other stuff. That is twice the amount of sediment produced each year by all the rivers in the world.

Sand and gravel, of course, are bound with cement to make concrete. The 40 billion tonnes of aggregates we use every year is enough to build a concrete wall 27 metres high and 27 metres wide around the equator. (It wouldn't take nearly that much to build Donald Trump's wall between Mexico and the United States.)

China has become the world's biggest user of concrete. Between 2011 and 2013 China is estimated to have used more concrete than the United States did in the entire 20th century. In just one year it built 146,400 kilometres of road.



JIM POLING SR.

From Shaman's Rock

Sand also is used in the production of glass, electronics and aeronautics. Land reclamation is another use that consumes huge amounts of sand and general fill.

Most of our aggregates are pulled from obscure gravel pits found off the beaten track. We pay scant attention to them.

However, sand mining is a serious environmental problem in some parts of the world where everything from monster river dredges to labourers with

shovels are used to extract sand for building. In some places sand is even being taken from beneath the seas.

The environmental costs of this mining are mounting and environmental organizations are fighting for practices and laws to control it.

They blame erosion of San Francisco beaches on sand mining. And, they say sand extraction from India's rivers is harming ecosystems, killing fish and birds. Also that hundreds of acres of forest in Vietnam have been torn up to extract sandy soil. Bridges have been undermined in some places and coral reefs have been damaged in Kenya.

In Cambodia, the big dredges moved into the Ko Kong area almost 10 years ago to pluck huge amounts of sand from the coastline. Critics say the sand is being taken illegally to support the rampant expansion of Singapore. They say mangrove and estuary ecosystems are being ruined, killing the livelihoods of local people, including those who fish for a living.

Sand is worth money and money attracts corruption faster than bear poop attracts flies. A recent *New York Times* opinion article estimated that sand extraction is a \$70 billion industry and that's plenty enough to attract criminal syndicates.

The UN report says that half the sand used in Morocco comes from illegal coastal sand mining. Sand is removed from beaches to build hotels, roads and other infrastructure needed for the tourism industry. Which leaves the question: when the beaches are gone, what happens to the tourist industry?

With so much sand in the world's deserts why don't sand mining companies pick up their pails and shovels and go there? Well, apparently desert sand is not suitable for concrete production or land reclamation because most of it is round, wind-shaped grains that do not bind well.

Environmental groups demand stiffer regulations to control sand mining. But more controls could bring other problems.

Sand is heavy and costly to transport. Trucking greater distances creates more pollution, more traffic problems and all the fallout that comes from that. So you want to get sand and gravel as close as possible to the place that you are using it. Unfortunately, the closest place often is a beach, or an environmentally delicate estuary.

The world is a complicated place, and becoming more complicated every day. Who would have thought we would ever have to worry about running out of sand?

Email: shaman@vianet.ca

Profile: <http://www.amazon.com/-/e/B001K8FY3Y>

First step to good nutrition is awareness

EAT YOUR VEGETABLES! For many of us, that is easier said than done. Eating well and shedding extra pounds is an uphill battle. It's not just about willpower. We are living in a time when the abundance of food is a curse! Sorry folks, but it's true.

A few years ago Dr. David Kessler wrote a book called *The End of Overeating*. In it he discussed the addictive powers of combining sugar, fat and/or salt in foods. The sad part is that the food industry has taken full advantage of this information.

Think back, way back, to the time when a hamburger was just that. The options were to add ketchup, mustard, relish. Sometimes tomatoes and onions were available. If you were lucky, there was a cheeseburger option. Today, finding the plain burger listed on a menu is not an easy task. It's often buried amidst the myriad of choices that are piled high with flavours, and calories!

This is not an accident. We are being manipulated by the food industry. The more we eat, the more food they sell. They more food they sell, the more money they make. And so it goes.

We are under their spell. From the colours that are chosen for logos, to the photos

dressed up for advertising, it's all designed to get us to eat more – whether we are hungry or not.

"You are what you eat." ~ author unknown

So, what do we do? The first step is awareness. The next time you walk into a fast food restaurant or a grocery store, look around. Try to see things for what they really are. Make note of the sights, the sounds, and the smells. Ask yourself, what is my return on investment if I purchase this item. Will it save me time? Will it give me energy? Will it save me money? Chances are, you're not going to achieve all three of these goals. The question becomes, which one is the most important to you at that

given moment.

Your body is a machine. It needs fuel to function. The better the fuel, the better you function. That takes us back to the goal of eating our vegetables. Broccoli, anyone?

Something to think about.

Laurie Sweig is a certified personal trainer and Spinning instructor. She is one of the founders of Ottawa's The Point for Fitness.



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PETER BRADY
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Transportation, housing needed for seniors

from page 1

anticipated, which is a positive thing. It's a good thing for us to know of what their needs are individually," she said.

Back in 2010, Andrews said responses came from mainly seniors who lived in their own homes.

There was a conscious effort this year to hear from other seniors, which led to an understanding of how influential the local service providers are in making the community age-friendly.

With only close to 30 respondents, she acknowledges this is a low total, but saw great value in their answers.

"There wasn't a lot, but the perspective is different compared to when we did focus groups last time back in 2010. We didn't really want to repeat ourselves. We wanted to just gauge where people were at," she said.

From both sets of seniors, they voiced a need for transportation assistance, housing and transitional care housing. She said the important takeaway is to include service providers in this conversation when coming up with a plan.

"Everybody is on the same page in terms of the direction we're taking and getting the information from the seniors and the service providers on how we can integrate service and how we can integrate the things we are doing better to meet the needs of our population," she said. "In the past, with the last survey in 2010, we didn't really speak to the service providers. We heard from the community and what was needed, but the services provided to the seniors is one of the most important things and if those aren't meeting the



A simple thing like a bench on the main street, as seen here in Minden, helps the very young and the elderly said Aging Well Committee chairwoman Angela Andrews, who is working towards completing the Age-Friendly Master Plan for Haliburton County. Partnered with Haliburton County and with the support of the four municipalities in the county, the committee is seeking more public input at fluidsurveys.com/surveys/kate-hall/aging-well/. Surveys will be collected until Sept. 16./DARREN LUM Staff



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“

Really, it's about trying to change societal views about aging.

— ANGELA ANDREWS

”

needs that are being identified then we need to do some more work towards that.”

One example is to pool resources to help people with travel to medical appointments in Peterborough. Could there be a day of appointments arranged just for Haliburton County residents? This could allow for transportation co-ordination.

She said the example of an accessibility ramp to the entrance of a building not only makes a place more accessible to older people and those who use a cane, walkers or wheelchairs, but also families with young children who use strollers.

“Really, it's about trying to change societal views about aging too,” she said.

If things such as grab bars in bathrooms were already in place, it wouldn't just be associated with older people, it would be the norm.

“With this plan, it's looking at what are the strategic directions or what are the strategic

plans of the service groups and how can we align what we found to move in those directions to close the gaps or work closer together to support one another,” she said.

Another thing Andrews and the committee discovered in their data collection was to assist with hearing. A simple addition is an amplification system at council meetings so everyone could hear the proceedings without difficulty.

If council chambers included this kind of system then “it would allow more people (not just councillors) but anybody to hear what's being said. It's an accessible feature,” she said.

Another example of what can get overlooked are chairs with wheels, which are difficult for people who need stability to get up or down.

Even arm rests on chairs are a helpful feature for people to push up from.

The committee has also thought of how a portable sound system readily available to the public would address hearing concerns at meetings in the county.

Andrews said the plan doesn't necessarily change policy so much as provide guidance to improve the community for everyone.

“It's more of a guide to what can be done with aging so it's not necessarily an enforcement related thing, but more of guidance what can make our community better,” she said.

For more information about the project or this survey, contact Andrews at 705-457-1391 or Kate Hall at kvhall06@gmail.com.

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Junior Naturalists quack up

The Junior Naturalists Program leader Irene Heaven laughs with participants during Quacking Up on Wednesday, July 20, at the Minden Hills Cultural Centre. Through the main sponsorship by the Haliburton Highlands Field Naturalists, this program gave children from ages six to 10 an opportunity to learn about the many varieties of waterfowl. The next junior program is the Junior Gardeners Program, which is from Aug. 1 to 5 from 1 p.m. to 3 p.m. at Abbey Gardens. For more information contact Irene Heaven 705-754-4769 or email irene@abbeygardens.ca / DARREN LUM Staff



Above, a group of participants in the Junior Naturalists Program examine pictures for a waterfowl matching game. Right, a young Junior Naturalists participant listens to a clue.



Make It Minden

A kayaker makes a splash at the Make it Minden on Wednesday. They tried kayaks provided by Algonquin Outfitters in Minden on the Gull River. The next Make it Minden is Wednesday, Aug. 3 when AO will bring kayaks to the Gull again. On Thursday, Aug. 11, the Haliburton Highlands Time Travellers bring their classic vehicles for show at Canadian Tire. More on page 11. Make it Minden starts at 6 p.m. /DARREN LUM Staff



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Upcoming Events

Thurs. Aug 11 – Haliburton Time Travellers, at Canadian Tire
Thurs. Aug 17 – Minden Merchant Sidewalk Sale
Wed. Aug 30 – Algonquin Outfitters with Kayaks on the Gull River
Meet opposite the Post Office on Invergordon Avenue

For more information on these events please call Lynda Litwin -
Make it Minden Coordinator 705-286-2911 ext 235

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**Living history
at the museum**

The summer student heritage interpreters Ariel Weiss, left, Sydney Brooman and Krista Duncan provide a “living history” at the Minden Hills Cultural Centre by tending to the Three Sisters Garden, which was initially planted by the Grade 3s from Archie Stouffer Elementary School and the Minden and District Horticultural Society and included three essential plants (beans, corn and squash) for winter survival during the settlers’ era. Every Wednesday, these student heritage interpreters help to teach participants from ages six to 10 in the Minden’s Summer Culture Club Day Camp about the environment, the arts and history. Cost is \$15 per day and registration is required. Call 705-286-2808.
/DARREN LUM Staff



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Task force, EH discuss renewables

Provincial government moving ahead with robust green energy plans

by JENN WATT
Editor

As the international community searches for ways to limit carbon emissions, which lead to global warming and the current climate crisis, members of the local community are looking for the best way to join the effort.

One of those is the Minden Hills Renewable Energy Task Force, created by Minden Hills council, which has been developing policy and finding opportunities to reduce this region's carbon footprint.

On Tuesday, July 12, members of the task force presented at one of Environment Haliburton's Enviro Cafés at the Minden United Church on Newcastle Street.

The task force developed a renewable energy policy, which has been adopted by Minden Hills council and is set to be reviewed by Haliburton County council this summer. Generally, the policy sets priorities for Minden Hills to take into consideration when renewable energy projects come forward and codifies the municipality's role in educating the public about renewable energy.

It also provides "guidelines for the township to use when evaluating whether or not to initiate renewable energy projects that will be partially or wholly owned, operated, or hosted by the municipality, or upon lands controlled by the municipality."

As task force member and Minden Hills Councillor Pam Sayne told the group, the task force was born largely because of the minimized role municipal government has been given by the province when it comes to approving renewable energy projects.

"Notably, as renewable energy projects are now exempt from most land use planning instruments under the Planning Act, including zoning by-laws, the township cannot use its powers to restrict the use of land for such projects," the renewable energy policy reads.

Sayne said that the task force has been "very exciting ... to say the least,"

with technology constantly changing. Likening renewables to the early days of personal computers, she said there was a new vocabulary that people would need to learn.

Fellow task force member Brian Nash of Haliburton Solar and Wind gave context to local discussions by highlighting the province's direction on green energy. He said the Ministry of Energy gave the Ontario Energy Board the directive to redo the aging grid back in 2010, with the long-term goal of having a more responsive, up-to-date "smart grid" for Ontario. A smart grid would allow the system to match demand with power generation.

Nash acted as a reference guide for the gathering, fielding questions about how energy grids work and how Hydro One goes about charging customers today.

Beyond presenting to county council, the task force will be doing research and working to increase literacy about renewables and encouraging demonstration projects. There are hurdles along the way, such as ever-changing technology and provincial legislation as well as industries that have been built on fossil fuels, which need to slowly transition to renewables.

But change needs to happen. Vice-president of Environment Haliburton Terry Moore told the group that world powers have been ineffective in meeting carbon reduction goals, but that Ontario has set ambitious new targets with the passage of Bill 172.

Moore said in Haliburton County, there need to be more conversations about climate change and he suggested carbon audits be done of greenhouse gas emissions for the entire community, followed by a plan to reduce.

Environment Haliburton holds regular Enviro Cafés throughout the year in Minden.

In August, they welcome Green Party leader Elizabeth May, who will be speaking Aug. 25 at 7 p.m. at the Minden Hills Community Centre.

Take the challenge: spend more time in nature

The Ontario government and Ontario Parks are challenging people across the province to spend more time in nature and develop new healthy habits.

Inspired by the David Suzuki Foundation's 30x30 Challenge, the Ontario Parks 30x30 Nature Challenge encourages people to spend at least 30 minutes per day in nature for 30 days. This year's challenge begins in August.

Spending time outside each day will help to form a beneficial new habit that supports a healthy lifestyle. Research shows that interacting with nature is good for both physical and mental health, from reducing stress and strengthening the immune system to reducing the risk of certain types of cancer and lowering blood pressure.

The 30x30 Nature Challenge doesn't have to take a lot of time and planning. Nature isn't that far away – there are provincial parks all across

Ontario. But it's also right in your backyard. Green space can be as close as your neighbourhood park or garden. You can check out local trails and beaches, too – they may even lie along your daily route.

If you're looking for a change of scenery, the Ontario Parks locator tool makes it easy to find a provincial park nearby. Enjoy hiking, biking, paddling and lots of outdoor programs.

"Spending time in one of Ontario's beautiful provincial parks is a wonderful way to connect with nature and stay healthy. But there are also many natural settings in your own neighbourhood. I encourage all Ontarians to get out to any natural setting and to take up the 30x30 Nature challenge," says Kathryn McGarry, Minister of Natural Resources and Forestry.

Submitted



Golf tournament raises money for needed medical equipment

Highlands resident Peter Forgrave watches his drive off the tee at the Matt Duchene Charity Golf Classic in support of the Haliburton Highlands Health Services Foundation on Thursday, July 21, at the Pinestone Resort and Conference Centre. This fundraiser



event included an evening dinner and helped to raise money for bone densitometry equipment, which functions like an X-ray machine, measuring the density of bones.

Left, Haliburton's Matt Duchene, an NHL player with the Colorado Avalanche, in white, watches Keaton Gadway drive his ball.
/DARREN LUM Staff

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Three-pitch tourney in Irondale

Left, overall winners: the Jimmy's. They play each year in memory of Jim O'Neill of West Guilford. Back row, from left, Jonny Morrison, Kenton Winn, Ryan O'Neill, Jordan Hamilton. Middle row, Mandy Harrison, Andi Donaldson, Mikayla O'Neill, Kim Henry. Front row - Carter O'Neill, Jordan Nimigon. Missing from the picture is Emma Casey. This team won Blue Jay tickets.

Below, left, second place winners. Team name is Hit for Brains. Back row , left to right, Paul Bellefleur, Andrew Burt, Brenda Burt, Jonathan Burt, Lindsay Salvador, Karen Armstrong, Jason Simmons. Front row, Dave Burke, Alicia Burke, Mark Simmons.

Below, winners of the home run derby. Participants get five swings, and the male and female who get the most "over the fence" win. The two guys shared the prize to save time. From lef., David Stewart, Brianne Pockett, Kenton Winn.

Photos submitted



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CONFORMÉMENT aux dispositions de l'article 197, chapitre M. 14 de la Loi sur les mines, L.R.O. 1990, si l'impôt et les frais jusqu'au 31 mai 2016 exigibles en vertu de la présente loi à l'égard des terrains et droits miniers ci-dessous sont en souffrance depuis au moins deux ans et ne sont payés avant le **31 décembre 2016**, soyez avisés que la totalité ou certains des droits et tout intérêt pourraient être confisqués et dévolus à la Couronne. Ces terrains ne peuvent cependant faire l'objet d'une prospection, d'un jalonnement, d'une vente ou d'un bail avant qu'ils ne paraissent dans un numéro de la GAZETTE DE L'ONTARIO. (Il ne s'agit pas d'une vente aux fins de l'impôt. On ne peut acheter les terrains en payant l'impôt.)

Cindy Blancher-Smith
Sous-ministre adjointe
Division des mines et des minéraux
Ministère du Développement du Nord et des Mines
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Commis aux recettes des terrains miniers
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Sudbury, ON P3E 6B5
tél : 705 670-5850 ou 1 888 415-9845, poste 5850

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Citizen of the Year nominations due

AROUND THE TOWN

Patti Fleury

705-488-2938 brucefleury1@hotmail.com

Here at the old farmhouse again there is a sense of sadness as youngest daughter Caitlin said goodbye to someone very significant in her life. Lisa Santonato passed away unexpectedly two weeks after her 49th birthday. Lisa was a person full of energy and creativity colourful both in her outward persona and personality with a generosity of spirit. She will be much missed by her two daughters, family and friends and "sister" our Cait. Sleeping last night was difficult not due to oppressive heat and mosquitoes but the speakers' words at the Democratic Party Convention still ringing in my ears. In spite of the unsettling leaked emails from the DNC staff indicating favouritism towards Clinton's candidacy, Bernie Sanders was masterful in his attempt to unify the party. First Lady Michelle Obama and Senator Booker of New Jersey were both dynamic in their deliveries, while former president Bill Clinton watched intently from the audience. The critical nature of the election this November becomes

more evident every passing day.

Speaking of elections the Kinmount and District Lions Club is once again seeking nominations for the Kinmount Citizen of the Year with nominations due by mid August. This gives time to put on your thinking cap and consider the many volunteers who give generously of their time and talent to make Kinmount an even better place to live and raise a family. I was pleased to be selected for this honour back in 2011 and thoroughly enjoyed riding in the parade and seeing the broader fair from a view other than weaving on my huge barn loom in the Pioneer/Heritage Complex. This morning Marlene Edwards and crew from the Lindsay group of weavers and spinners will be putting the warp onto the loom in preparation for the 2016 Kinmount Fair on Labour Day weekend. This year's theme will focus on First World War and include the story of the 109 Battalion, Victoria and Halburton which celebrated its 100th anniversary in May 2016. The barn loom's warp will feature the colours from the crest of that Battalion. The book *Where Duty Leads* recently published by the Victoria County Historical Society was compiled by four authors including Kinmount historian Guy Scott. It tells the stories of the regiment, each platoon in the

regiment, the individuals who served in the military and the families and communities back home. Copies are available at the Artisans Marketplace or by contacting Guy Scott at 705-488-3182.

This is a final reminder for interested vendors wishing to participate in the Kinmount Seniors' Yard Sale this Saturday, July 30 from 9 a.m. to 1 p.m. in the Railway Station area in Austin Sawmill Heritage Park. Tables are \$8 and can be booked by calling Rose at 705-286-0365. This is Civic Holiday weekend and the park will be a busy spot on Saturday with the Kinmount Farmers' Market in full swing and the Model Railroad/Museum welcoming visitors to its excellent display. Tourist information guide Emily Pearson is also on board at the Station to assist visitors with information about local sites and events.

Hopefully Mother Nature will be a little kinder than on Canada Day and the Highlands Games with good weather for the upcoming Family Funfest on Saturday, Aug. 6 from 4 to 9 p.m. There will be fun activities for the whole family and a Trivia contest with entries to be deposited at the Kinmount Artisans Marketplace to be entered in a draw for a \$25 gift certificate to spend there. The Chair of the Kinmount and Area Artisans

Guild which operates the Marketplace Nancy Caney from Salmon Lake will have her Crafts for Kids table set up adjacent to the Marketplace. As throughout Town the flow-ers courtesy of the Kinmount Committee for Planning and Economic Development are spectacular at the Marketplace located in the lower level of the Kinmount Community Centre. As well as the hanging baskets on the porch the plants tumble over the tandem bike's baskets and the fun planter pair of cement filled jeans created by Guild member Darlene Mann. Worth a visit and a selfie. Free space along Main Street for vendors, yard sales and community groups at Family Funfest can be booked by calling Lynne at 705-488-2919.

Already the retail shelves are filled with back to school items. Grandson Austin will enter third year journalism at Centennial College in Toronto and goes online tomorrow to select his courses while Ben gears up for Grade 7 and the hockey season. If your family has news about its happenings which could be included in this column please give me a call. Failing that be prepared for the ongoing saga of life here at the old farmhouse. In the meantime keep busy and well. They go together . . .

County card scores

July 18 contract bridge at Stanhope: Heading up the scoring was our reporter for three bridge events Margo Davidson 5,060 followed by Pearl Foster 4,820, Cathy Snowden 4,650 and Ev Morgan 4,610 with Paul Pethick awarded the Lucky Loonie.

July 12 contract bridge at Minden United Church: Nancy Ballantyne reports that the high scoring trio members were Fred Jewson 4,560. Midge Jewson 4,240 and Gail Flook 3,400 with Fred and Midge teaming up for a Small Slam.

July 19 Minden Seniors bid euchre at Minden Legion: Leading ladies were Mary Lou Dealy 306. Pat Norman 301, Pearl Cowen 255 and Pat Roussel 246. First for the gents at 269 was Ida Young then Albert Foster 252, Archie Ross 251 and Jesse Barlow 249. Clare Obdam won the major draw with Karen Chapman, Bev Johnson and Kevin Maloney claiming the smaller rewards. Kevin also took a moonshot along with Albert Foster, Pearl Cowen, Pat Roussel, Ida Young and Theresa Deak. Thanks to Betty Wagar for this news.

July 19 euchre at Lochlin Community Centre: Most lone hands honours went to

our interim reporter Helen Burk with Reta Crofts high lady and Betty Hicks low. For the gents Harold Harvie was high and Terry Davis low while Helen also took home the special prize. A special hello goes out to our regular reporter Nancy McPherson with a reminder that the Lochlin euchre is held every other week during the summer.

July 20 duplicate bridge at Parklane, Haliburton: North/South leaders were Muriel McIntosh and Nancy Jackson 65 percent, Jane Krangle and Andrea I. 59 percent and Nettie Butterworth partnered with Ross Fletcher 53 percent. Over in East/West tied for first place were the duos of Vange Croucher and Margo Davidson and Gord Cochrane and Art Steed at 64 percent with Dorothy and Tom Howat next at 58 percent.

July 21 euchre at Minden Legion: Betty Wagar reports that holding the most lone hands were Bev Johnson and Tom Orr with Muriel McIntosh and Kaye Bull posting the high scores. The evening's lows went to Clara Miscio and Warren Hueson while John Deak, Eileen Gough, Jesse Barlow and Linda Hopkins captured the moonshots.

Notices

WDB | Local Employment Planning Council

Call for Proposals

Workforce Development Board – Local Employment Planning Council is now seeking proposals for the following projects:

Research & Innovation Project: Employability Skills Gap

Integrated Planning Project: Alignment of Economic and Workforce Development Priorities, Strategies and Resources

Service Coordination for Employers Project: Recruitment and Planning Resources Support for Small-to-Medium Enterprises

Best Practices & Promising Approaches Project: Economic Development Best Practices

For submission instructions, please go to www.wdb.ca/lepc-call-for-proposals OR email us at workforce@wdb.ca.

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This project is funded in part by the Government of Canada and the Government of Ontario



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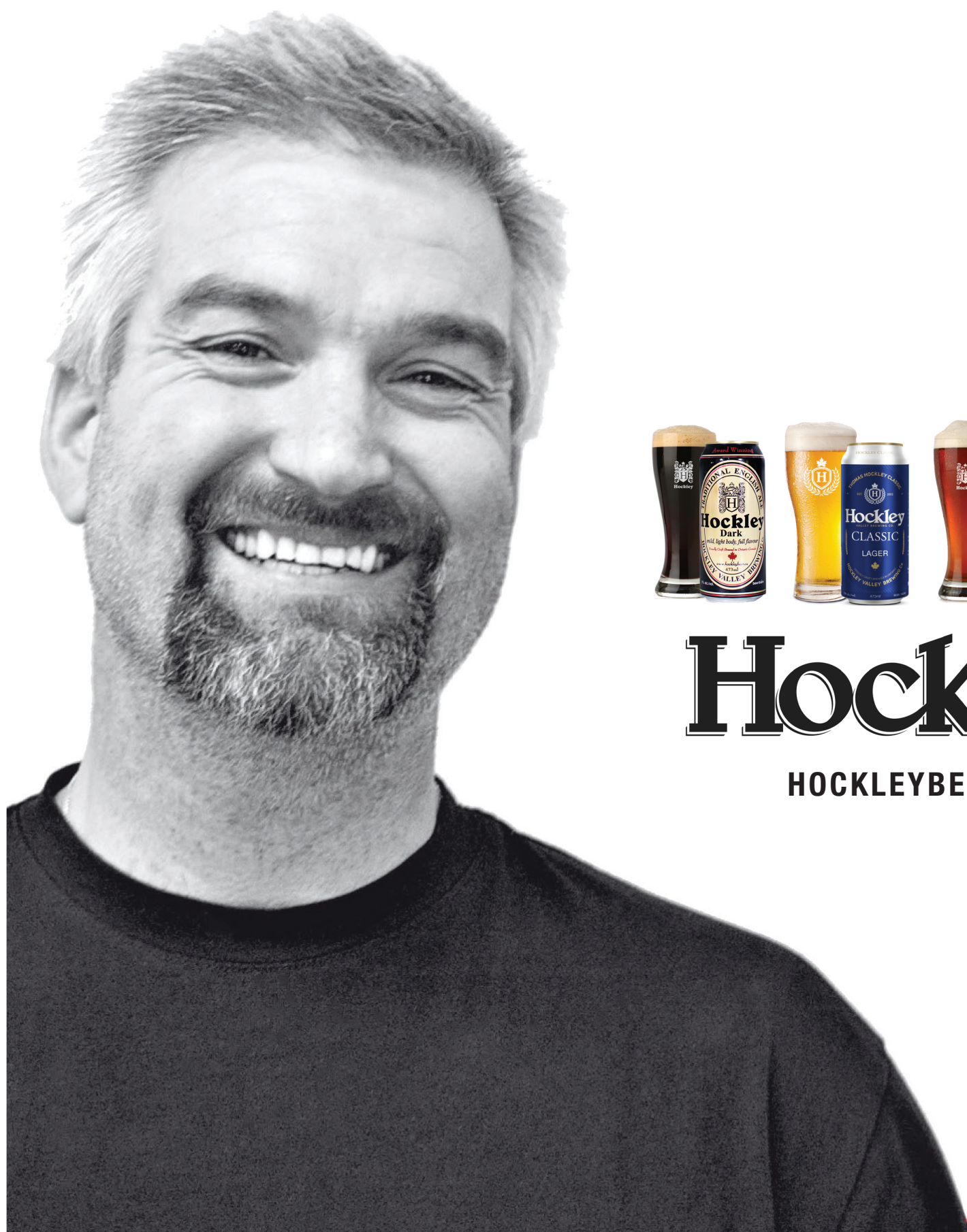
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670 NOTICE



County Of Haliburton Public Works Department

The County of Haliburton Public Works Department
congratulate and thank the following groups for their
commitment to the *County Adopt-a-Road Program*:

Haliburton Rotary Club
Haliburton Highlands Field Naturalists
Danilko Family
Arcadia Masonic Lodge
Jack and Willie Cox

We invite all Community Groups, Cottage Associations,
Charitable Organization and Families to get involved and
to take ownership for their personal section of County
Road and help to keep the right-of-way litter free.

Please contact Pam Weiss at 705-286-1762X225 or
alternatively at pweiss@county.haliburton.on.ca
for more information or to register for this program.

Be Global

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RESIDENTIAL REAL ESTATE NETWORK

SMARTER. BOLDER. FASTER.®

Moose Lake \$1,199,000

Drew Bishop**
457-2128 x 23

- Fabulous 4 plus bdrm, 4 bath, open concept living area, 3 bay garage
- Massive screen room, extensive lake views, exceptional privacy

Kennisis River \$225,000

Dagmar Boettcher**
489-9968

- Year round home, 1000sf, 2 bdrm, 1 bathroom w/ large living room
- Detached garage w/ bunkie/studio, great for kayaking, canoeing & swimming

Tory Hill Home

Janice Brookes*
457-2128 x 22

- 3 bdrm country home w/ new septic coming!
- Great Layout and charming home! \$159,000

Custom Viceroy - Canning lake \$849,900

Kim Butt**
286-2138 x 31

- Private cottage 3.9 acres with 5 Lake chain boating
- 3450 Sq Ft, open concept living & 4 bdrms, 3 full baths

Kennisis Lake - Sun all day \$374,900

Gloria Carnochan*
754-1932

- 3 Bdrm, Kit, DR, LR, Open, Pine, Priv, Level at Rd, Deck, Easy to Water
- Deck & Dock at Lake, View, Deep, New Windows, Roof, Insul, Dock, Pump

Lakeside Living Opportunity \$324,900

Mark Denny**
457-0473

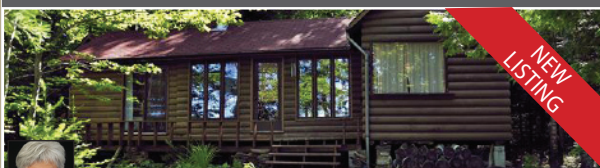
- Approx. 46 Ft Rd. Frontage, 1139 Sq. Ft., Newly Painted
- Custom Built in Gated Community, Access to 5 Lake Chain

Start Your Cottage Experience Right Here! \$189,000

Tom Ecclestone**
286-2138 x 26

- 3 Bedrooms, large private lot on Minden's Gull River w/ Bunkie
- 164 feet of frontage on large private lot, just minutes from town

Kushog Lake \$ 289,000

Lee Gauthier**
489-9968

- 290 feet of hard sand waterfront - FLAT lot
- Classic log siding 4 bedroom cottage, 3 pc bathroom, fully furnished

Post & Beam Cottage on Kashagawigamog \$649,000

Scott Harrison
286-2138 x 28

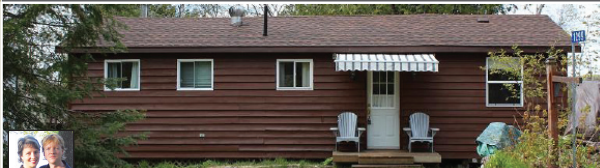
- 4+ bdrms, 3 baths, w/o basement w/ rec room, cute bunkie
- 100 ft of frontage on premier 5 lake chain, call Scott for details!

Eagle Lake Home or Escape from the City \$229,000

Andrew Hodgson**
286-2138 x 29

- Clean & tidy 3 bedroom, 2 bath open-concept home
- Lovely view over Eagle Lake, close to town and ski hill

200' on Long Lake \$279,900

Susanne James*
& Andy Mosher**
457-2128 x 33

- Nicely renovated year round 3-BR cottage
- 2-Lake chain, miles of boating, sunset views

Hobby Farm Plus! \$319,000

Denise LeBlanc*
286-2138 x 23

- 2 plus 1 bedroom and 2 full baths on 8.8 acres
- Heated workshop, large shed, 62 X 27 ft barn & paved drive

Plantation Road Acreage \$ 399,000

David Lee**
286-2138 x 27

- 360 acres with good mixture of land, ponds, trails, & forest
- 840sqft home, 1 1/2 story, full basement, upstairs needs finishing

Haliburton Lake Family Cottage \$624,900

Erin Nicholls*
457-2128 x 34

- Large yr round home/ctge with 5 bdrms, 2 1/2 baths on level lot
- Full finished lower level with walkout to beach with clean shoreline

39 Acres on Hwy 118 \$54,900

Brandon Nimigon
457-2128 x 27

- Minutes from Loon and Miskwabi Lake, forested with some cleared areas
- Hydro and Telephone are on the frontage of this property

Moore Lake \$389,000

Karen Nimigon**
457-2128 x 29

- 4 Season cottage w/ open concept interior & floors of quality cottage living
- Exceptional property, gorgeous lake view, sandy entry & 3 lake chain for boating

Perfect Starter or Family Cottage! \$199,900

Kirsten Rae*
286-2138 x 30

- 3 bedroom, 1 bathroom off-grid cottage with custom kitchen
- 1.3 acres with 140 feet of frontage on the picturesque Drag River

Wilberforce Home \$99,900

Darlene Reil
477-2055

- Handy man Special with 3 bedrooms, 3 bathes
- Attached garage with loft & an extra lot with storage shed

Haliburton Starter/Retirement Home \$179,000

Greg Stamp*
457-2128 x 28

- 2 bdrms, full bath, laundry, kitchen/dining room & living room on main floor
- Full basement is partially finished with large rec room & a third bedroom

Large Country Home on 3 Acres, Asking \$285,000

Elizabeth Thompson*
457-2128 x 52

- Privacy, Pond, Close to Lakes & Geocaching
- 3 Bedroom ranch bungalow, LR, DR, Country Kitchen

Ready to Enjoy, on South Lake \$119,900

Melanie Vigrass*
286-2138 x 32

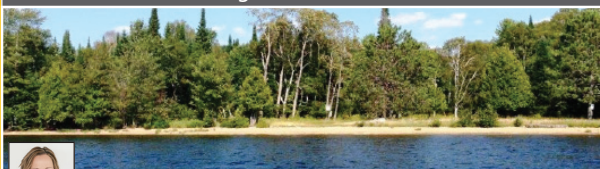
- 1 Bedroom Cottage, Sleeps 5, Wrap around Deck steps to the waterfront
- Enjoy All Amenities; Inground Pool, Beach, Playground, Boat Launch

Kinmount Home \$224,900

Tom Wilkinson**
286-2138 x 25

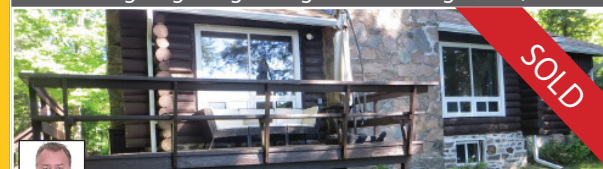
- Charming 3 bedroom home, many recent renovations & upgrades
- Large in town lot with stream, walk to downtown

Oblong Lake Lot \$295,000

Andrea Wilson**
457-6694

- 1.45 acre level lot offering w/ exp & 163' of frontage w/ large sand beach
- Clean, clear, deep water lake on Premier 2 Lake chain with Haliburton Lake

Kashagawigamog Lk Log Home/Cottage \$589,900

Mark Denny**
457-0473

- Approx. 121 Ft. Waterfrontage, 1.42 Acres, Private
- 3 Bdrm, 1 bath, W Exp, New upgrades, 5 Lake Chain



Haliburton (705) 457-2128
Minden (705) 286-2138
Carnarvon (705) 489-9968

Kennisis/Redstone (705) 754-1932
Wilberforce (705) 448-2311



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